



## Media Release

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### Navigate vaccine misinformation with new KFPL series

Vaccination is on a lot of people's minds, and the subject of many conversations right now. It's important to cut through the noise and get reliable facts. To combat misinformation and support community members, KFPL is hosting *Navigating the News: Vaccination*, an online talk with local health professionals.

Learn why vaccine hesitancy is so widespread, how to distinguish trustworthy vaccine information sources from misinformation, and how to talk about vaccines with people who disagree.

All of these skills are critical to managing our health as individuals as well as the wellbeing of our communities.

"Vaccination is a complicated subject," explained Anne Hall, Programming and Outreach Librarian. "Not only is each of us affected differently by COVID-19, depending on our age, existing health, the type of work we do and our living conditions, but then there are all the different vaccines and now their new names. Sometimes it seems like the experts change their minds every month, and social media is rife with conspiracy theories and dramatic claims. It's easy to feel overwhelmed."

Dr. Golden Gao and Dr. Samantha Buttemer, both part of the Queen's University Public Health and Preventative Medicine program, are leading [the talk](#). It happens Monday, September 27, at 7 p.m. Attendees can register online at [calendar.kfpl.ca](http://calendar.kfpl.ca), or over the phone at (613) 549-8888.

This is the first talk in a new monthly series, *Navigating the News*, with a focus on how to inform oneself on complex topics and how to distinguish between reliable sources and misinformation.

For more information about this event, visit [www.kfpl.ca](http://www.kfpl.ca) or call your local branch.

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