



## Media Release

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### Join KFPL's online beginner ukulele workshop series

Here's your chance to join Kingston Frontenac Public Library's latest beginner ukulele workshop series! The popular Uke Can Do It for Adults program is back, offering people ages 12 and up the opportunity to learn something new.

Don't own a ukulele? You can sign out either a right-handed or a left-handed library ukulele for the length of the program.

Uke Can Do It is a six-week series designed to teach the basic anatomy of the ukulele, plus chords, strumming, and songs. Enrolment is limited to 12 people to provide more one-on-one support to participants.

"Exercising creativity while doing something with your hands can help improve focus and mental clarity, not to mention helping with hand-eye coordination," shared Meredith Westcott, who will instruct learners. "The ukulele community is known for being a positive, supportive, and all-around fun group. The ukulele is often referred to as the 'happy' instrument — we could all use a little extra joy!"

The workshop takes place on Zoom from 6:30 to 7 p.m. on Thursday evenings, from November 11 through December 16.

Registrants will be emailed the six Zoom links for the series immediately upon registration. They need to download Zoom in advance to access the series.

For those borrowing a ukulele, pickup is from the Isabel Turner Branch starting at 10 a.m. on Thursday, November 4. Bring the library card associated with registration. For those not requiring a ukulele, digital membership is sufficient, and can be completed at [register.kfpl.ca](https://register.kfpl.ca).

Register for this program online at <https://calendar.kfpl.ca/event/5544317> or by phone at (613) 549-8888.

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