



Media Release

Kingston Frontenac Public Library
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Growing Up Human: Unlocking the Puzzle of Human Development

Child development, especially early childhood development, sets the course for a person's lifelong health, behaviour, and learning. It impacts social, emotional, and physical outcomes, which is why understanding child development is important for parents and caregivers of all kinds.

To help unlock the puzzle, Kingston Frontenac Public Library presents a new monthly series of special interest to parents and caregivers, Growing Up Human, presented by the faculty and students of the Queen's University department of psychology. Each talk is on a different aspect of child development.

The first session runs from 7 to 8 p.m. on Monday, Jan. 24 on Zoom. In this presentation, Dr. Elizabeth Kelley will talk about how we study child development and why it is important for parenting, education, public policy, and more.

She will also give a brief introduction to the topics to be covered in upcoming sessions in this series, with topics including The Shy Child, What Children Think About Thinking, and Learning to Regulate Emotions.

Registration opens January 15, online at <https://calendar.kfpl.ca/event/5956048> or by phone at (613) 549-8888.

Registrants will be emailed a Zoom link immediately upon registration and will need to download Zoom in advance.

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