



Media Release

Kingston Frontenac Public Library
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Understanding hearing loss, protection and rehabilitation

There are many reasons people can experience hearing loss, from aging to trauma, medications, disease or noise exposure. Sixty per cent of Canadians ages 19 to 79 have a hearing health problem, and many are unaware that they have hearing loss [[StatCan](#)].

Kingston Frontenac Public Library is bringing this important subject to light in our next Health Compass instalment. This is the first of a two-part series on the subject, with a focus on the anatomy and function of the human ear as it relates to hearing. Allison De La Lis, an audiologist with the Kingston Ear Institute, will discuss hearing damage and hearing loss.

“Having Dr. De La Lis with us for two sessions is a special opportunity to learn about a high-interest topic,” said Jake Miller, Librarian, Adult Programming. “Hearing is something you only notice if something seems to go wrong, so it’s easy to take for granted. Dr. De La Lis will help us understand how to best maintain good ear health, and describe what treatment options are available. Kingston is fortunate to have this expertise.”

The talk is happening online Wednesday, Mar. 30 from 6:30 to 7:30 p.m. Register at <https://calendar.kfpl.ca/event/6138547> or by calling 613-549-8888.

Part two of Hearing Loss and Rehabilitation will focus on hearing protection and rehabilitation and will take place April 27 at 6:30 p.m. Registration is open at <https://calendar.kfpl.ca/event/6138569>.

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