



Media Release

Kingston Frontenac Public Library
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Join KFPL, Queen's for Growing Up Human - The Shy Child

Lots of people — adults and children alike — are shy. But what is shyness, exactly, and why are some kids shy? Does shyness impact the social development of a child?

In the fifth *Growing Up Human* session Dr. Taigan MacGowan will discuss the nature of shyness and its impact on childhood development, addressing these questions and others.

“Having Dr. MacGowan speak on shyness and the social development of children will be relevant to anyone interested in a child's wellness,” said Jake Miller, Librarian, Adult Programming. “We all see shyness in some children but it's important to ask why. Dr. MacGowan can help answer this question and tell us more about this common behaviour in children.”

The session is happening online, May 26 at 7 p.m. Register online at <https://calendar.kfpl.ca/event/6379993> or call 613-549-8888.

Growing Up Human is made possible through collaboration between Kingston Frontenac Public Library, the Queen's University Department of Psychology, and the Queen's University Child and Adolescent Development Research Group.

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