



Media Release

Kingston Frontenac Public Library
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Feasting Together: Learn to make fried fish with strawberry salsa

Sweet seasonal strawberries are known as heart berries in Ojibwe, and are considered a special gift from the Creator for the Haudenosaunee. This early berry holds a special place in many Indigenous cultures—and, of course, it's a delicious treat for everyone! Turn it into a seasonal dish alongside fried fish in the next session of Kingston Frontenac Public Library's Feasting Together series.

Curve Lake First Nation cook Janice McCue will lead participants through making fried fish fillets and strawberry salsa over Zoom on June 7 from 2 to 3 p.m. Attendees will have a chance to interact and cook alongside Janice from their own homes.

"Janice has been offering up diverse dishes from Indigenous cuisines over the past few months and it's been fantastic," said Jake Miller, Librarian, Adult Programming. "There's so much to learn, and so much community interest. This session will build on that engagement."

Ingredients and cooking instructions are on the registration page at <https://calendar.kfpl.ca/event/6629819>.

Interested in learning more from Indigenous creators as we head into summer? Check out our events with regional authors S.P. Joseph Lyons on June 15 at <https://calendar.kfpl.ca/event/6195794> and Sarah Brown-Dunkley on June 20 at <https://calendar.kfpl.ca/event/6195794>.

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