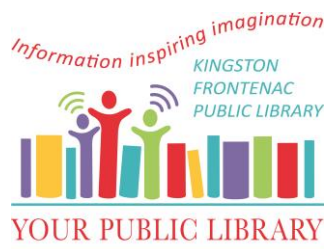


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# MEDIA RELEASE

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## Kingston Frontenac Public Library

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### FOR IMMEDIATE RELEASE

January 9, 2019

*KFPL Live Presents: Financial Literacy*

Has holiday spending left your finances stretched thin? Many of us dread this time of year when all the bills seem to come due. Whether you're worried about your mortgage, credit card debt, student loans or the forecasts about grocery price increases, learning how to handle your resources responsibly can add to your peace of mind.

Fittingly for a month in which many of us make New Year's resolutions, in January the **KFPL Live** monthly speakers' series looks at **Financial Literacy**, with two identical presentations at the Calvin Park and Isabel Turner branches. Melissa Parsons from Resolve Credit and Financial Counselling Services will show how you can begin to take control of your financial life. She'll cover money traps to avoid and how to establish good buying habits. You'll learn how to manage your money to avoid debt and to save for future expenses.

These presentations will take place at 7 p.m. on Tuesday, January 22, at the Calvin Park branch, and at 2 p.m. on Saturday, January 26, at the Isabel Turner branch. Both presentations will be the same. There is no admission charge. These talks are open to all adults, but seating is limited. To avoid disappointment, please register in advance. Register at [events.kfpl.ca](http://events.kfpl.ca) (or by phone at 613-549-8888) as of 9 a.m. on Saturday, January 12.

For more information, visit [www.kfpl.ca](http://www.kfpl.ca).

**Please contact** Anne Hall, 613-549-8888, ext.3528, [ahall@kfpl.ca](mailto:ahall@kfpl.ca) with any questions or responses.

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