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# MEDIA RELEASE

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## Kingston Frontenac Public Library

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### FOR IMMEDIATE RELEASE

March 30, 2017

Ever wondered how ordinary people can help make access to fresh food easier for everyone? Then why not join us for Fresh Food Access, the latest talk in the **KFPL Live Monthly Speakers' Series**.

“Over the past few years more and more people have slipped below the poverty line in Canada,” says Programming and Outreach Librarian Anne Hall. “At the same time, our food supply has become increasingly complex.” Whether on a global or local level, making good choices about food involves thinking about transportation costs, climate change, nutrient content, preservatives, and genetically modified organisms. Finding reliable sources of fresh, nutritious, yet affordable food can be challenging.

Speakers at this month’s talk will offer unique, local perspectives on these issues. Mara Shaw from Loving Spoonful will explain how soup kitchens have morphed into food security initiatives. Katherine Rothermel from Kingston Area Seed System Initiative will talk about seed sovereignty and how seed production is affected by international trade agreements. And Lilith Wyatt from Loving Spoonful will describe how farmers, businesses and gardeners can contribute fresh produce through the Grow a Row program.

This month’s talk will be at the Calvin Park branch on Thursday, April 20, at 7 p.m. Admission is free.

For more information, visit [www.kfpl.ca](http://www.kfpl.ca).

Questions? Contact Anne Hall, 613-549-8888, ext. 3528, [ahall@kfpl.ca](mailto:ahall@kfpl.ca)

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