



Media Release

Kingston Frontenac Public Library
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Unravel the science of the brain with KFPL and Queen's Centre for Neuroscience Studies

Ever wonder how the brain works or how the mind affects the body? Get the answer to these questions and more with the Brain Storm Series! The Kingston Frontenac Public Library will deliver this nine-session series in collaboration with the Centre for Neuroscience Studies at Queen's University.

Learn about neurodiversity, medical robotics, epilepsy, perception, depression, anxiety, meditation, brain ultrasounds and the mind-gut connection during sessions ranging from a half-hour to an hour, starting at 6:30 p.m. at KFPL's downtown Central Branch. Some dates will feature two topics.

"The brain is infinitely complex. Fortunately for our community, we'll have a great roster of researchers to help us unpack how it works," said Jake Miller, Librarian, Adult Programming. "Understanding our minds helps us understand who we are and how and why we think, act, and feel the way we do."

Registration is now open for the Feb. 13 and Feb. 27 Brain Storm events.

- **February 13: Neuroscience of Perception, Cognition, Emotion and Behaviour**

Join Scott Squires to learn about the systems that govern your attention, perceptions, thoughts, emotions, memories, and behaviours. Register at <https://calendar.kfpl.ca/event/7933132>.

- **February 27: Gut-Brain Connection and Robotics Research**

Explore the fascinating connection between our gut microbiome and brain and how this communication pathway may be involved in mental health and psychiatric conditions with Miruna Jurj and Hayley Bromley. Then, Kayne Park will share how robotics can be used for neuroscience research and their importance for neurological assessments. Register at <https://calendar.kfpl.ca/event/7934336>.

Registration for March and April sessions will open in the coming weeks.

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