



Media Release

Kingston Frontenac Public Library
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FOR RELEASE APRIL 3, 2023

Discover a safe space to discuss death with Death Café at KFPL

Death is an inevitable part of life, yet many people find it difficult to discuss. To provide a safe, casual and comfortable environment for people to talk about death and gain perspective, the Kingston Frontenac Public Library is hosting Death Café, a guided discussion group.

Led by experienced death doula Siobhan Skeehan, Death Café helps people engage with death to find value during life in a non-profit and non-denominational setting. The group does not seek to lead people to any conclusion, product or course of action but rather to provide a space to explore their thoughts and feelings around this universal topic.

Death Café sessions will be held monthly throughout 2023, with the first on April 17 at 6 p.m. at the Central Branch. Attendees will be treated to light refreshments and an open discussion.

"Human connections are essential to gaining perspectives on death, and the library is a great community hub to make those connections and find resources going forward," said Jake Miller, Librarian, Adult Programming. "We're grateful to have Siobhan Skeehan lead this initiative, and we look forward to seeing its positive impact on our community."

Registration for the first session of Death Café is open, and interested participants can sign up on the Kingston Frontenac Public Library website at <https://calendar.kfpl.ca/event/8187210>. More information about Death Café is available on their website at <https://deathcafe.com/what/>.

Future dates will be listed on KFPL's program calendar at <https://calendar.kfpl.ca>.

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