



Media Release

Kingston Frontenac Public Library
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Learn how to create the life you want with Financial Empowerment for Canadian Women

A certified financial planner passionate about raising the community's financial literacy, Laura Southall is offering her expertise to Kingston Frontenac and beyond with a new book. [*Financial Empowerment for Canadian Women*](#) explores the emotional side of money before diving into financial literacy for each stage of life.

Learn more about her book and financial sovereignty during an online Zoom session with Southall hosted by the Kingston Frontenac Public Library on Feb. 15. The talk runs from 7-8 p.m. and people can register at <https://calendar.kfpl.ca/event/7717166> or over the phone at 613-549-8888.

Southall is also the author of [*Rental Properties For Canadian Women*](#).

"Laura provides expertise related to the unique financial experiences of women and wants to empower women to chart their financial course," said Jake Miller, Librarian, Adult Programming. "This is a great opportunity for people to get informed about money and build their confidence to make significant financial decisions."

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