



Media Release

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'Growing Up Human' returns, spotlighting bullying awareness and resources

Growing Up Human, a collaborative initiative between the Child and Adolescent Development Research Group at Queen's University and Kingston Frontenac Public Library (KFPL), is set to return in 2024. The series begins with an engaging session — Reading Into Bullying: Defining Childhood Bullying and Related Supportive Resources.

Parents and caregivers attending the session, featuring a presentation by Ph.D. candidate and teaching fellow Kyla Maine, can expect to gain a comprehensive understanding of childhood bullying. This knowledge will empower them to actively contribute to creating a supportive environment for their children.

The event is scheduled for Jan. 16 from 2-3 p.m. at the Central Branch. It is designed to provide practical insights into identifying signs of bullying, addressing its root causes and fostering resilience in young minds. Attendees will be able to explore existing resources to combat this critical issue.

Registration is required and can be completed at <https://calendar.kfpl.ca/event/9637017>.

"Growing Up Human is a series dedicated to bridging research with community engagement, offering valuable perspectives on child and adolescent development," said Jake Miller, Librarian, Adult Programming. "The wealth of expertise within our community is a valuable resource, assisting educators, researchers and caregivers in preparing the next generation for challenges ahead."

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