



Media Release

Kingston Frontenac Public Library
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KFPL, Earthsave to offer insightful session on sustainable eating

In today's world, every bite carries weight beyond its flavour. Earthsave is partnering with Kingston Frontenac Public Library (KFPL) to connect the dots between food choices and environmental impact.

A Plant-Powered Planet is happening on September 18 at 6:30 p.m. at the Central Branch. During the session, Earthsave will discuss the intersection of animal welfare, ecosystem health and climate resilience.

“A Plant-Powered Planet reminds us that each meal is an opportunity to make a positive impact,” said Jake Miller, Librarian, Adult Programming. “Individual food choices may feel like small decisions, but across a community, have an effect that impacts the well-being of everyone.”

“KFPL’s partnership with Earthsave underscores the Library’s commitment to promoting sustainable living and environmental responsibility,” Miller added.

Registration is required for the program and can be completed at <https://calendar.kfpl.ca/event/8997404>.

Earthsave is a registered charity advocating for a plant-based diet for environmental sustainability, better health and compassion toward animals. To learn more about the organization, visit <https://www.earthsave.ca>.

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