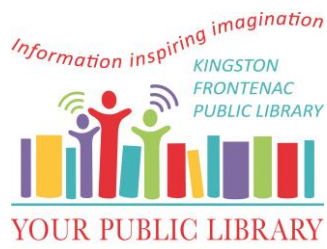

MEDIA RELEASE



Kingston Frontenac Public Library

130 Johnson Street, Kingston ON

K7L 1X8

Phone: 613-549-8888

Fax: 613-549-8476

November 14, 2019

FOR IMMEDIATE RELEASE:

*Resilience: The Biology of Stress and the Science of Hope —
Film Screening and Discussion*

Join Kingston Frontenac Public Library and community panelists to discuss the impacts that adverse childhood experiences have on mental and physical health.

Free; registration required. Visit <https://calendar.kfpl.ca/event/3404954> for more information.

Panelists:

Kate Harkness, Professor, Queen's Department of Psychology

Michael Blackburn, Principal, Winston Churchill Public School

Anne Marie McDonald, Principal, LCVI

Tuesday, November 26, Isabel Turner Branch, 6:30 – 8 p.m.

Contact:

Jake Miller

jmiller@kfpl.ca